

Introduction

The Impetus to Explore Complementary/Alternative Medicine and UBI

I watched my son die. No parent, spouse, brother, or sister wants to see a loved one die. It is indelibly etched in my mind like the day that he was born. Matt was our firstborn. The firstborn of 10 natural-born children between Deb and I. We also adopted a beautiful girl as our 11th. It was a busy life, full of work, friends, church, and children. Then Matt started having seizures at the age of 16. They attributed it to the “catch-all” of epilepsy. At 20-years-old, with more episodes coming, they did another MRI and found a golf ball-sized tumor. Imaging software had come a long way between 1991 and 1995.

The tumor was resected, and we breathed a sigh of relief as they said it was benign and would not come back. That was 25 years ago. Matt died in February of 2018 after five resections, a lot of medications, and a somewhat deteriorating ability and capacity in his life. We had the great privilege of having him live with us for the last five years of his life.

In 2008, while Matt was struggling through life with a wife and six children, I was called by a friend. He told me about a new/old therapy that he had used in Africa at a mission hospital. This talented RN recounted his experience in Togo, West Africa. “It was amazing, Tom!” he said. He explained that they had a young boy with what they diagnosed as advanced rabies come into the hospital. The hospital had no medicines to treat him, so this RN decided to give the UBI (Ultraviolet Blood Irradiation) therapy a try. Since rabies is always fatal unless there is an inter-

vention, there was little to lose. On Tuesday, the boy had the first therapy. The next day they saw actual signs of recovery. Another two treatments were administered within the following days, and he said, “You wouldn’t believe it; he made a full recovery and was discharged from the hospital!”

I couldn’t help but feel skeptical about his miracle story. “Deadly rabies cured in just THREE days by ultraviolet light?” I thought, “That’s just too good to be true. He was probably just overly excited.”

As this friend pressed me about the potential of opening a clinic where we would exclusively offer this UBI therapy, I decided to humor him and do some research.

“What do they call it again?” I thought as I sat down in front of the computer screen. I racked my brain for a moment as the cursor blinked within Google’s search engine box, just begging me to enter the words that would change my life. “Oh yeah, Ultraviolet Blood Irradiation,” I remembered. I typed the words in and up popped several results. As I began to read, some of my initial skepticism slowly started to dissipate.

“Hmm...it’s got 80 years of history. Okay, so it’s been around awhile. Here it says that there are virtually no side effects and that it has an efficacy rate of 60-80%.” I was starting to see a trend. “A positive effect on over 60 diseases,” read another title.

I came across one success story, then another and another, like some of the ones that follow in this book.

Perhaps you are reading this as someone who is trying to help a loved one. Perhaps you, yourself, have struggled with a disease or disorder that has not been helped by conventional medicines. This book is for you. My son, Matt, was a big part of me wanting to find alternative medical help. It just seemed that there had to be more than drugs, tests, and “I’m sorry, we just don’t have anything more that will help.”

As you can imagine, I have a bit of skepticism about the medical system that is currently in place. There is a lot of good that has been done to help relieve a lot of suffering. There is also a lot of training, testing, and decisions that are made because it brings in “good money.” Our current medical system is a big business, and with that often comes its own set of evils. UBI – ultra-violet blood irradiation, is unknown to conventional medicine. It works, it is safe, and it is inexpensive.

This started my journey of searching for answers. Being a researcher at heart and questioning this “unapproved” therapy, I set aside a couple of weeks for intense internet searching. “Who should I believe?” This question strikes at the heart of any true researcher. Over the years, I have discovered that many entities have vested interests in their studies. Unfortunately, because of ulterior motives, far too many medical studies cannot be trusted. In today’s pharma-dominated culture, the concern is often not to get to the root of the illness and take care of the core issues but rather to relieve the symptoms and make some money in the process.

Studies are good, but studies can also be misleading. One can manipulate the results in their favor and make it appear positive when in the grand scheme of things, the medicine they are promoting does not contribute to the individual’s overall sustained health.

My concern from the beginning was to come at this from a skeptic’s point of view. At the heart of my efforts was a question that I needed to have answered: “Is all that I hear regarding UBI actually substantive, and if so, what am I going to do about it?”

This work has been truly a labor of love. In this book, I am giving you what I have come to know as a fantastic therapy. It is the culmination of 12 years of research, working with and teaching

many physicians who have become my friends, and seeing marvelous recoveries of many patients.

My initial studies took me from one site to the next, and in the days that followed, the medical “truth” walls that I had built up to this type of “crazy talk” would slowly begin to crumble. A memory came flooding back to the day in 1975 when my first boy was born into this world. Initially, he was jaundiced...maybe you, too, have had a baby who was jaundiced. So, what does the hospital do? They put them under a bilirubin light (blue light) to help the liver break down the toxins so that the baby will not suffer brain damage. The same therapy that they used decades later to get my son healthier is still used today in many hospitals around the world.

For years, light has been used in medical therapy. In the past, exposure to sunshine was a part of the regimen of therapies for a number of disorders. This is called Heliotherapy.

Many are affected with SAD (Seasonal Affective Disorder), which is a recurrent major depressive disorder that usually manifests itself at a specific time of the year and entirely disappears otherwise. You can walk into almost any Walmart or similar store and find these special lights for home treatment.

You might like to know that my journey is still ongoing today. After my initial studies, I co-founded a UBI clinic where we treated many different diseases with astounding results. I was convinced. From sitting in the sunlight to treating scar tissue with a laser to re-growing hair with red light, to UBI - THE HEALING POWER OF LIGHT IS IRREFUTABLE!

In 2009, I started the clinic. A friend of mine, an M.D. that believed in what I was doing, gave his assistance in overseeing the clinic. It was strictly outpatient treatments. We had an RN who was an expert withdrawing blood and had been in an ICU environment for years. My job was to:

- Research into UBI
- Get patients into the clinic
- Deal with the overall running of this very small venture
- Look into making the machine and therapy the best that there was

A UBI machine was purchased, our physician supplied the credentials, and we bought our supplies and put out our “shingle.” This was my 16th business. In the small office, I was able to see what seemed to be some miraculous recoveries for disorders that had been with a person for years. Let Russ relate his story:

It started out like a bad cold that went into bronchitis. The doctor thought something else was going on because I was having a lot of shortness of breath. They ordered a chest X-ray and found that I had an enlarged heart. They did an



Cardiovascular Patient - Russ

echocardiogram and did various tests. It ended up that they said I had picked up a viral infection. When I asked what I can do, they said some resolve in a year or so and some never resolve.

In just two months, I could hardly walk 100 feet without being completely out of breath. I was just about to get a handicap sticker. I heard about the UBI and got the first treatment. And lo and behold, I had tremendous energy and started to walk again.

I had three treatments, and by the middle of February, I had a trip to New York planned. I got there, and I could walk a mile down the street in the cold and was not out of breath. My

latest heart tests show that I am coming back into the normal range of function.

In about 12 months, I saw results with cancer, tachycardia, incurable rashes, shingles, asthma, infections, pain reduction, MS, and more. This book is a testimony to those individuals who have walked before me and laid the groundwork of developing UBI. It is a testimony to the hurting patients who walked into our clinic and became a part of a healing therapy that proved to me its efficacy and safety. It is a testimony to the physicians who, around the US and the world, daily treat difficult disorders. It's a testimony to thousands who have been helped. It is a privilege and joy to hear even more of the unprecedented, spectacular results that are brought about by light.

A handwritten signature in cursive script, reading "Tom Lowe". The signature is written in black ink on a white background. The first name "Tom" is on the left, and the last name "Lowe" is on the right, connected by a long, sweeping horizontal line that arches over both names.